MASTICK SENIOR CENTER

1155 Santa Clara Avenue

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mthomas@ci.alameda.ca.us

Website: www.mastickcenter.com

Hours of Operation:

Monday - Friday: 8:30 a.m.* - 4:00 p.m.

*Programs begin at 9:00 a.m.

Lunch Program:

Monday - Friday; 12:00 Noon (Reservations Required)

Thrift Shop: (Open to the public)

Tuesday and Saturday: 10:00 a.m. to 2:00 p.m.

Bingo: (Open to Individuals 18 years & older)

Saturday: Doors open at 10:00 a.m.

First game begins 12:15 p.m.

MASTICK ADVISORY BOARD

OFFICERS

Joy Pratt, President
Jim Thomas, Vice President
Lorraine Meuleners, Treasurer
Mary Lou Harris, Recording Secretary
Ewart "Red" Wetherill, Corresponding Secretary

DIRECTORS

Marilyn Appezzato
Donna Bernadou
Gary Brown
Robby Kiley
Millie Lum
Cleo Mayer
Marge Ryan
Miriam Schiffman

Bill Soares
Terry Veasy

STAFF

Jackie Krause, Senior Services Manager Mariel Thomas, Senior Services Coordinator

At Mastick....

Mastick Senior Center provides services and programs to individuals 50 years of age and older. Membership is FREE; however, programs may have fees. We offer many programs that will stimulate your mind and body:

Physically with weekly exercise classes including Yoga, Pilate's, Tai Chi-ercise, and a multitude of dance classes;

Mentally with Spanish or Italian classes, French or German conversation groups, computers, and informational programs that challenge and inform;

Socially with a daily (Monday thru Friday) lunch program, coffee klatch, the game of pool, weekly fundraising Bingo, day trips or extended travel opportunities to places such as Branson, Spain & Portugal;

Creatively with ceramics, crafts, stained glass, quilting, sewing, ceramics, and more; and

Senior Services to help you-such as income tax preparation. We also have a fine group of people that provide information and referrals that can direct you to the organization or agency that specifically focuses on senior issues.

Please come and visit our recently renovated lobby, enjoy a cup of coffee, and help yourself to a book from our lending library.

For more information or to register for a program, please contact the Mastick Office at (510) 747-7506.

Saturday Fundraising BINGO!

The Mastick Senior Center Advisory Board (MSCAB) operates a fundraising BINGO game on Saturday between 12:15 p.m. and 3:00 p.m. in the Mastick Social Hall. This activity is open to the public (18 years of age and older) and ensures a fun-filled afternoon while supporting Mastick Senior Center!